

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Therapy
Skills Category	Environmental Safety for Falls Prevention and Functional Living
Skills Standard Title	Perform Fall Risk Assessment*
Skills Standard Descriptor	Perform fall risk assessment under guidance of therapist
Skills Proficiency Level	Level 3 <i>Previously 'Advanced' under CCSSF</i>
Source Code	CCSSF-T-ESFFPAFL-4003-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Environmental concerns which may include (not limited to): ○ Lighting ○ Wet floor ○ Lift, escalator, staircase ○ Air quality ○ Obstruction ○ Signages ○ Cluttered environment ○ Different levels of flooring • Definition of fall. • Risk factors for falls which may include (not limited to): ○ Impaired balance and gait ○ Polypharmacy ○ Types of medication ○ Recurrent falls ○ Advancing age ○ Female gender ○ Visual impairments ○ Cognitive impairment • Usage and working condition of assistive devices which may include (not limited to): ○ Walking aids ○ Crutches ○ Standard wheelchair • Medical condition and contraindication which may include (not limited to): ○ Physio changes. • Checklist for fall risk assessment. • Method of assessing a client likelihood of falling such as Morse Fall scale (MFS). • Fall Risk Assessment Tools – The Schmid, Johns Hopkins. • Consequences of falls. • 2 types of medication that affects fall which may include (not limited to): ○ Medications that affect the brain ○ Medications that affect blood pressure • Organisational policies and procedures which may include (not limited to): ○ Performing Fall Risk Assessment ○ Communicating with client

	○ Incident management ○ Assisting in interventions in consultation with qualified personnel ○ Reinstating all tools and equipment used ○ Documentation ● Provisions of National Infection Prevention and Control Guidelines for Long-Term Care Facilities (2018), which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene ● Relevant legal and/or industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health) ○ Allied Health Professions Council (AHPC) guidelines on supervision and delegation of tasks to therapy support staff
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: ● Collect information pertaining to client which may include (not limited to) according to organisational procedure: ○ Physical ○ Functional ○ Environmental ○ Behavioural ○ Medication ● Assess information collected in consultation with therapist according to organisational procedure. ● Propose solutions regarding client fall risks in consultation with therapist according to organisational procedure.
Person-Centred Care <i>This refers to having a person centred care mind set to drive the care giver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: ● Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services ● To be mindful of client's need of reassurance
Performance Outcome <i>This refers to the</i>	● The support care staff is able to perform fall risk assessment in a manner that is respectful of client's dignity, taking into consideration his/her condition, preferences and comfort level.

*outcome of the task
on the care recipient
as indication of
workplace success*

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